



PRODUCT SPECIFICATION SHEET

NUTMEG GROUND

Ingredients: Nutmeg

Physical Characteristics: Brown to Dark brown powder

Country of Origin: Indonesia

Kosher: Orthodox Union

Allergens: None

GMO : None

Sieve Analysis: 100 % USS # 20 mesh
95 % min USS # 30 mesh

Treatment : Steam

Chemical Characteristics:

Moisture Content	12.0 % Max	
Total Ash Content	3.0 % Max	
Volatile Oil	8.0 % Max	

Nutrition Facts		
Serving Size 100 g		
Servings Per Container 1		
Amount Per Serving		
Calories	530	Calories from Fat 320
% Daily Value*		
Total Fat	36g	56 %
Saturated Fat	26g	130 %
Trans Fat	0g	
Cholesterol	0mg	0 %
Sodium	15mg	1 %
Total Carbohydrate	49g	16 %
Dietary Fiber	21g	83 %
Sugars	28g	
Protein	6g	
Vitamin A	2 %	• Vitamin C 6 %
Calcium	20 %	• Iron 15 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories	2,000 2,500
Total Fat	Less than	65 g 80 g
Sat Fat	Less than	20 g 25 g
Cholesterol	Less than	300 mg 300 mg
Sodium	Less than	2,400 mg 2,400 mg
Total Carbohydrate		300 g 375 g
Dietary Fiber		25 g 30 g
Calories per gram:		
	Fat 9	• Carbohydrate 4 • Protein 4

Microbiological Characteristics:

Aerobic Plate Count	<50,000 cfu/g Max	APHA CHP 7, FDA BAM
Yeast and Mold	<10 cfu/g Max	FDA BAM, 7th Ed
Total Coliforms	< 10 cfu /g	AOAC 991.14
E. Coli	< 10 cfu /g	AOAC 991.14
Salmonella	Negative /25g /375g or /750g	AOAC 2004.03, 2011.03

Defect Levels: The product shall be free of all other extraneous, foreign or non-conforming substances which will affect the safety, appearance and edibility of the product

Metal Detection: Product passed through metal detector.

Packaging and Storage : Packed in foodgrade PET plastic jars from 1 lb to 5 lbs. Or 50lb box.
Shelf-life is 24 months from the date of production. Store in cool dry place.

General Requirements: Product conforms to all provisions of the Federal Food and Drug Cosmetic Act. Product is manufactured in accordance with Good Manufacturing Practices and Under Modern Sanitary Conditions.